### DCF Prevention and Treatment Services for Substance Use Disorder (SUD)

Best Practices in Kansas Child Welfare Law | 4.12.23







### **DCF Prevention Grants and Contracts Timeline**

Current Family First grants ending 6/30/23 New Family First grants start 7/1/23

Current Family Preservation contracts will end 6/30/24



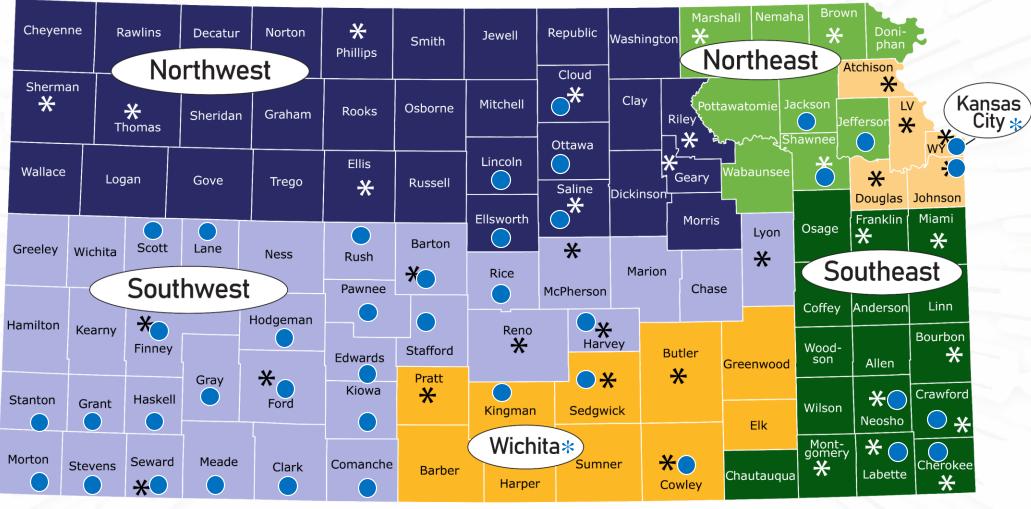
### DCF grants and contracts SUD focused services

Proposals selected by Review Teams during Request for Proposal (RFP)

- Kansas Children's Service League Parent-Child Assistance Program (PCAP) current Family First grantee selected to continue this program in Shawnee county
- <u>Saint Francis Ministries Seeking Safety</u> current Family First grantee selected to continue in certain counties in the Northwest, Southwest, and Wichita DCF Regions
- KVC Strengthening Families, new service and provider selected to serve Shawnee, Johnson, and Wyandotte counties on 7/1/23
- **DCCCA Sobriety Treatment and Recovery Teams (START)**, a new service by a current Family First grantee selected to serve certain counties in the Northeast and Southeast DCF Regions.
  - Currently DCCCA provides Seeking Safety in the SE region but will be transitioning to provide START 7/1/23
  - DCCCA is the current Family Preservation contractor for the KC and Wichita region and uses the START program with it's Tier 2 services until 6/30/24.
  - DCCCA also provides residential treatment programs and outpatient services.

#### Kansas Department for Children and Families

#### **DCF Regions**



\* DCF Service Center

- Family First evidence-based services with SUD focus starting 7/1/23\* \*Some programs may be building capacity
- \* Family Preservation has an SUD focus (provided by DCCCA)



## Poll Question #1

What is the start date for the new Family First grants?

A. 6/30/23
B. 10/1/23
C. 7/1/23
D. 6/30/24



### Kansas Children's Service League



### Parent-Child Assistance Program (PCAP)

Provided by Kansas Children's Service League Serving NE region, Shawnee county

Provides voluntary, intensive in-home case management services for pregnant women and families (with children 0 to 2 years-old not in out-of-home placement) that are currently using or have recently used substances.

Program duration: up to 3 years





## GOALS

- Enhance child health and development;
- Prevent child abuse and neglect;
- Promote self-sufficiency of the parent; and
- Connect the parent to services needed to assist in the recovery process.

#### **Core Services**

- Support families in the home face-to-face at least once a week
- Create an individual family support/service plan that identifies goals for personal and family growth and the growth and development of the child
- Connection to substance treatment and support during treatment plan
- Assist families in identifying their children's needs
- Ensure families have a medical provider
- Help families feel empowered
- Link families with other resources in the community as needed for the assistance with:
- Education Services, Housing and Financial Support, Mental Health Services







### **Saint Francis Ministries**



### **Seeking Safety**

#### Provided by Saint Francis Ministries

Currently serving NW Region: Saline, Ottawa, Cloud; SW Region: Finney, Barton, Ford, Seward; Wichita Region: Sedgwick;

#### Expanding 7/1/23

For pregnant women or parents/caregivers with children of any age. Model provides treatment for adults/teens with history of SUD. Includes case management, SUD counseling in individual and group interventions, education, life skills, and relapse prevention training.

Program duration: 6 months





## GOALS

- Reduce trauma and/or SUD symptoms
- Increase safe coping in relationships
- Increase safe coping in thinking
- Increase safe coping in behavior
- Increase safe coping in emotions
- Increase safety in the home.

#### **Core Services**

- Work with families 3-4 hours per week, depending on the Tx plan
- Seeking Safety uses Motivational Interviewing to engage and set goals to treat the trauma related to substance use
- Families needing ongoing support after one year of services will be referred to a support program that can help with recovery
- If client is referred to residential SUD program during Seeking Safety, staff will work with DCF and residential treatment program to provide service when individual returns to their community, while providing family with counseling and support









## DCCCA

- Current Family First program Seeking Safety is transitioning to S.T.A.R.T. on 7/1/23
- Family Preservation Tier 2 provides S.T.A.R.T
- Residential Treatment and Outpatient Services
- Prevention Services for communities and Drug Endangered Children





# Family First programs

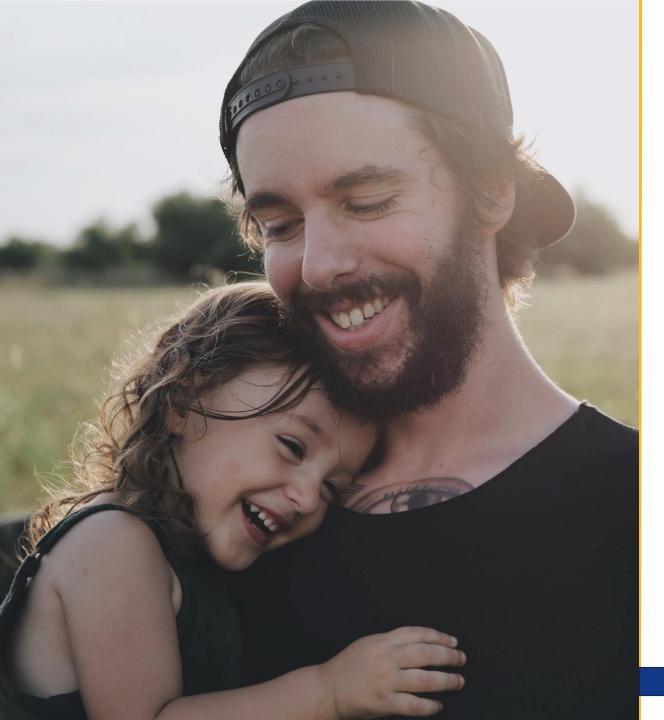
Currently offering Seeking Safety in SE; Bourbon, Crawford, Cherokee, Labette Neosho.

Serves pregnant women or women parenting children ages 0-5 with a history of trauma or substance use.

Program duration: 5 months

Starting 7/1/23, DCCCA transitioning to Sobriety Treatment and Recovery Teams (S.T.A.R.T.) in NE Region; Shawnee, Jackson, Jefferson and SE Region: Cherokee, Crawford, Labette, Neosho.





#### Core Services of the S.T.A.R.T. program

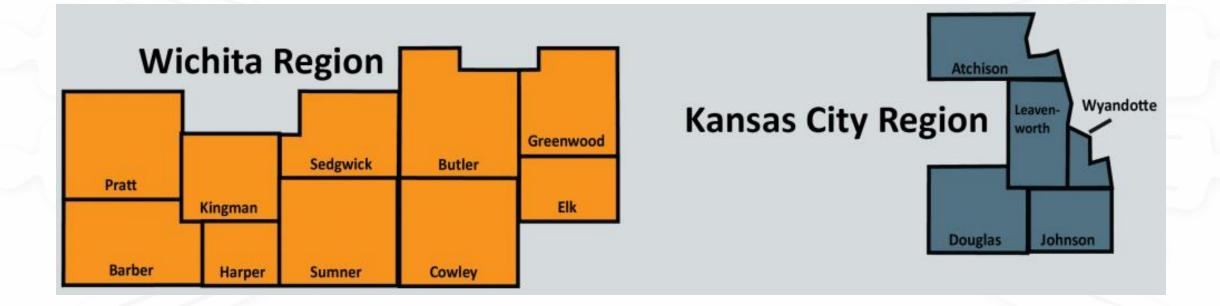
- Pairs case manager and with family mentor for peer support
- Intensive case management delivered in an integrated manner with local addiction treatment services
- Quick entry into services
- Access to intensive addiction/mental health assessment and treatment

Program duration : 6 months +





# **DCCCA Family Preservation**





# GOALS of S.T.A.R.T.

- Ensure child safety and well-being
- Prevent and/or decrease out-of-home placement
- Increase parental recovery
- Increase parenting capacity and family stability
- Reduce repeat maltreatment
- Improve system capacity for addressing parental SUD and child maltreatment



# **Residential and Outpatient**

Locations:

- Women's Recovery Center (women) Wichita
- Options Adult Services (men) Wichita
- First Step at Lake View Lawrence

Program's house fully licensed childcare facilities to allow women to seek treatment without separation from their children



# **Residential and Outpatient**

Locations:

- Women's Recovery Center (women) Wichita
- Options Adult Services (men) Wichita
- First Step at Lake View Lawrence

Program's house fully licensed childcare facilities to allow women to seek treatment without separation from their children.

#### **Prevention Services - Statewide Efforts:**

- Efforts to address legal or illegal substance misuse affecting children
- Empowering and educating community coalitions to develop their substance abuse and mental health preventative services
- Working with Kansas Prevention Collaborative to design and develop learning modules and training resources
- Addressing prescription drug abuse and connecting with community resources to spread the education and resources





PROVIDING EDUCATION AND SERVICES BASED ON RESEARCH AND A DEDICATED COMMITMENT TO IMPROVING LIVES. VALUING THE PEOPLE AND COMMUNITIES WE SERVE BY RESPECTING THEIR EXPERIENCES AND TREATING THEM WITH DIGNITY.

and Families



DCCCA VALUES

OUR VALUES MAKE US WHO WE ARE AS INDIVIDUALS AND UNITE US AS SOCIAL SERVICE PROVIDERS.

ENCOURAGING LEADERSHIP BY CHALLENGING EXISTING CONDITIONS AND FINDING INNOVATIVE WAYS TO GROW AND LEARN.

DELIVERING HIGH QUALITY SERVICES EVERY DAY AND HOLDING OURSELVES ACCOUNTABLE FOR OUR OUTCOMES.



## Poll Question #2

What does the acronym S.T.A.R.T. stand for?

A. Substance Abuse Recovery TreatmentB. Sustaining Treatment After Recovery TerminationC. Substance Treatment And Recovery TeamsD. Sobriety Treatment And Recovery Teams



### Presenters



KCSL PCAP Supervisor

jgassmann@kcsl.org



Susan Montague

SFM Seeking Safety susan.montague@st-francis.org



#### Michael Parsons

DCCCA Program Coordinator mparsons@dccca.org



Shelli Bean

DCCCA Program Improvement sbean@dccca.org

DCF Legal: <u>Rebecca.Gerhardt@ks.gov</u> DCF Prevention services: <u>Jennifer.Goodman@ks.gov</u>