Engagement and Safety Decision-Making in CINC Cases Involving Substance Use Disorders

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National Center on Substance Abuse and Child Welfare

Learning Objectives

FOLLOWING THIS TRAINING, PARTICIPANTS
WILL BE ABLE TO:



#3

Understand the effect of parental substance use disorders (SUDs) on child risk and safety



#1

Recognize how language can perpetuate stigma about substance use



#2

Identify engagement strategies that build on family strengths for successful outcomes and family recovery



#4

Identify safety, risk, and protective factors for parents with a substance use disorder



#5

Identify the importance of collaboration with collateral contacts



True or False – Early identification and quick access to SUD Assessment is an engagement strategy that can improve outcomes for families.

True or False – Person first language is defined as using terms that define the person by their disease.

The Need to Do Better for Families



Substance use disorders can negatively affect a parent's ability to provide a stable, nurturing home and environment. Of children in care, an estimated 61% of infants and 41% of older children have at least one parent who is using drugs or alcohol (Wulczyn, Ernst, & Fisher, 2011)



Families affected by parental substance use disorders have a lower likelihood of successful reunification with their children, and their children tend to stay in the foster care system longer than children of parents without substance use disorders (Brook & McDonald, 2010)



The lack of coordination and collaboration between child welfare agencies, community partners, and substance use disorder treatment providers undermines the effectiveness of agencies' response to families (Radel et al., 2018)

Language Matters

LEARNING OBJECTIVE 1:

Recognize how language can perpetuate stigma about substance use

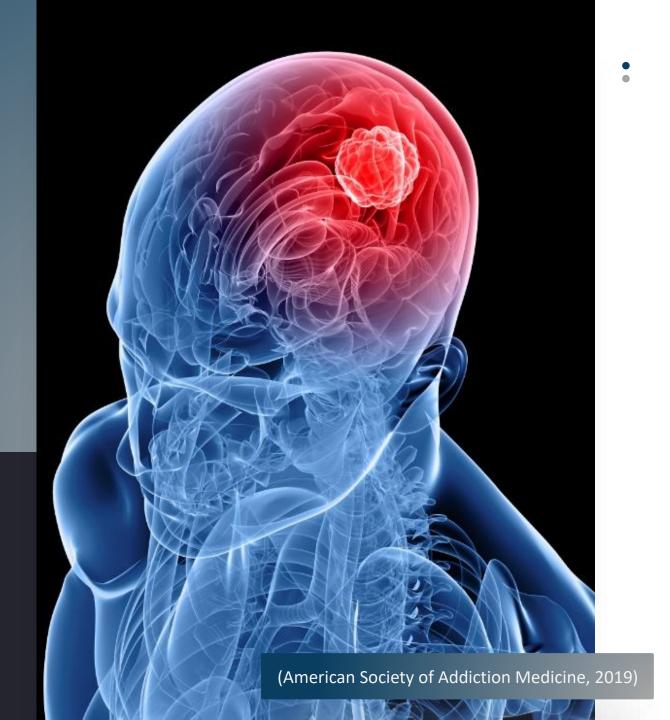




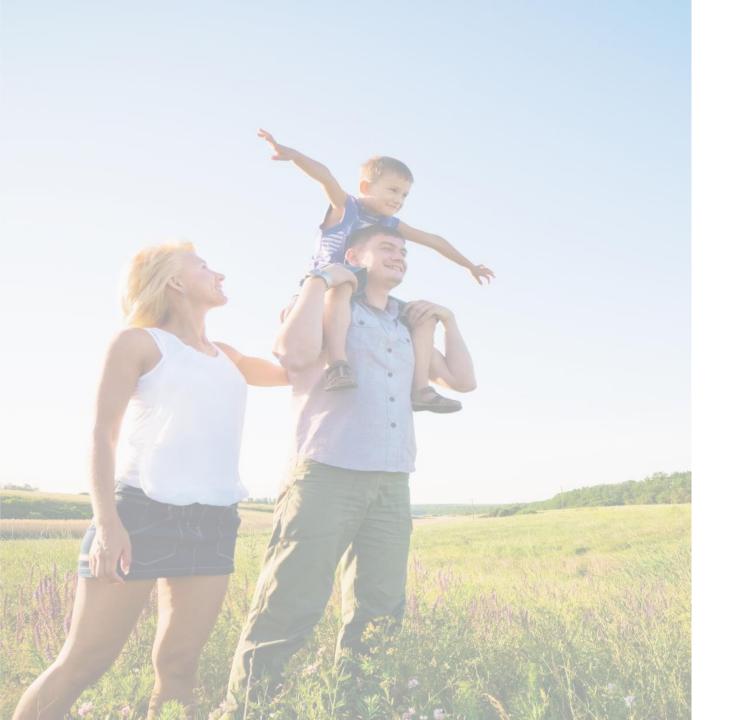
"Addiction is a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual's life experiences. People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences.

Prevention efforts and treatment approaches for addiction are generally as successful as those for other chronic disease."

American Society of Addiction Medicine (ASAM)







Addiction is a Family Disease

- The impact on child development is well-known: addiction weakens relationships – which are critical to healthy development
- Child-well-being is more than just development, safety and permanency – it's about relationships that ensure family well-being
- Impact of substance use combined with added trauma of separation due to outhome custody = severe family disruption



What is Stigma?

Stigma is defined as the relationship between an attribute—such as drug use—and a stereotype that assigns undesirable labels, qualities, and behaviors to a person exhibiting the attribute.

Common Beliefs



"Here's a referral— Let me know when you get into treatment." "They'll get into treatment if they really want it."





Common Responses



"Don't work harder than the client."



"We will see you back here in 90 days."



Person first language (for example, "a person with a substance use disorder") suggests that the person has **a problem that can be addressed**. By contrast, calling someone an "addict" or "drug abuser" implies that the person is the problem.

- SAMHSA Center for the Application of Prevention Technologies

Your Choice of Language Reflects Your Understanding of SUD as a Disease

Instead of	Try
☑ Addict, Drug Abuser	☑ Person/Parent with a Substance Use Disorder
☑ Clean/Dirty Drug Screen	☑ Screen Tested Negative/Positive for Substances
☑ Former Addict	☑ Person in Recovery
☑ Hard to Place Kids	☑ Children Affected by Trauma
☑ Drug Addicted Baby	✓ Infant Prenatally Exposed to Substances
☑ Foster Child	☑ Child In-Care or Out-of-Home Placement

Engagement Strategies

LEARNING OBJECTIVE 2:

Identify engagement strategies

that build on family strengths for successful outcomes and family recovery





Values

Culture includes *beliefs*, *traditions*, and *values*



Culture lives at the family level but also exists in individuals, organizations, and communities







Beliefs, traditions, and values must be the platform on which solutions are built

Culturally Competent Engagement

Engaging Engaging Families



Assessment

Engagement starts at the initial assessment/contact with families



Partner

Seeing child welfare as their partner

"We want them to succeed!"



Everyone

Everyone plays a role in engagement

Rethinking Treatment Readiness

"ROCK BOTTOM"



"Tough love"- in the hopes that they will hit rock bottom and want to change their life



Collective knowledge in the community is to "cut them off, kick them out, or stop talking to them"



Addiction as a disease of isolation





"Getting off on an earlier floor"



Has realistic expectations and understands the 1) neuro-chemical effects on people with substance use disorders, and 2) challenges of early recovery



Readiness



Recovery occurring in the context of relationships

Early Identification & Quick Access to Services

Primary Question | Tools

Is substance use a factor? Yes, or no?

CHILD WELFARE ASSESSMENT

CAGE:

https://www.hopkinsmedicine.org/johns_hopkins_healthcare/downloads/all_plans/CAGE%20Substance%20Screening%20To

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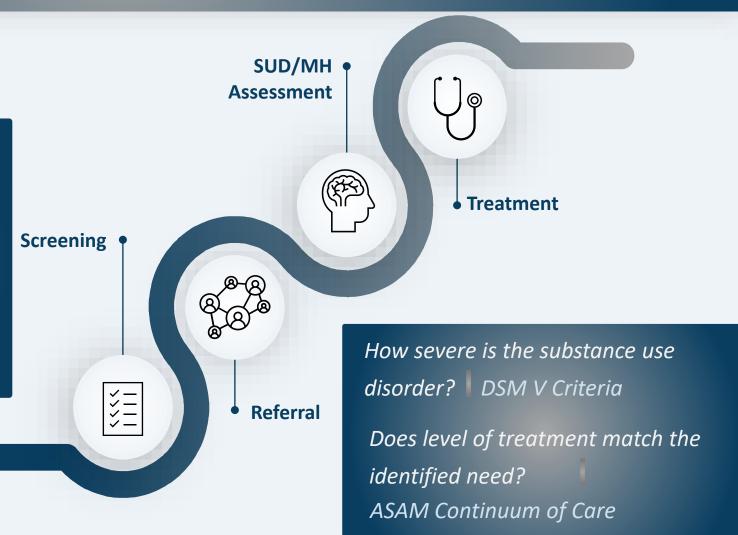
GAIN: https://gaincc.org/instruments/

UNCOPE:

https://ncsacw.acf.hhs.gov/files/TrainingPackage/MOD2/Exam

pleScreenQuestionsUNCOPE.pdf

Process





Culturally Sensitive Assessments

Proportional Access

Equitable Treatment

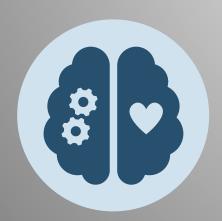
Equal Outcomes

Parental Substance Use Disorders

LEARNING OBJECTIVE 3:

Understand the effect of parental

substance use disorders on child risk and safety

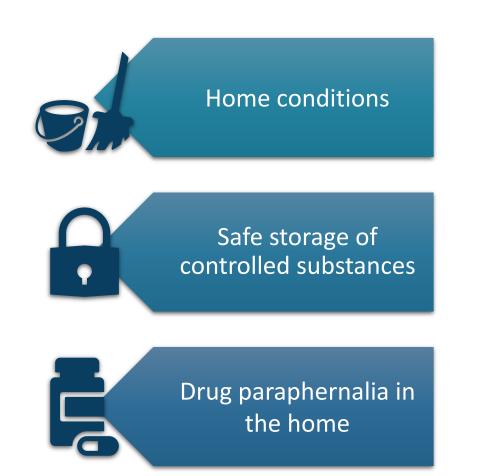




There Are Many Signs of Potential Use:

- Absenteeism from work or changes in employment status
- Neglect of the family or children
- Impaired functioning during home visits or other meetings
- Appearance (e.g., changes in hygiene, disheveled, dilated/constricted pupils, track marks)
- reporting or history, not accepting responsibility for past behaviors, attempts to conceal information
- or a change in typical attitude or behavior
- Drug paraphernalia in home
- Physical signs of drug use or withdrawal (e.g., agitation or euphoria, change in speech, mood and/or gait patterns, flu-like symptoms, tremors or shaking, chemical odors)
- Involvement with the criminal justice system

Evaluation and **Observation** of the **Home Environment**





Keeping Children Safe from Substances

Items to be aware of include:



Nicotine

E-liquids with e-cigarettes, nicotine gum or patches



Alcoholic Beverages

Sweetened mixed drinks



Prescription Medicines

Pain killers and patches, sedatives, and tranquilizers



Illegal Drugs

Cocaine,
methamphetamine,
heroin, fentanyl



Marijuana

Edibles in the form of baked goods, candy and beverages

*Encourage parents to be prepared by saving the phone number for the national Poison Help Hotline in their phone

Parental Substance Use Disorders – Effect on Parenting

A parent's use of alcohol or drugs can affect their ability to safely parent their children by **decreasing** their ability to:

- Adequately supervise their children
- Meet their child's educational or medical needs
- Provide a daily structure and routine for a child
- Provide for a child's basic needs



True or False – Early identification and quick access to SUD Assessment is an engagement strategy that can improve outcomes for families.

True or False – Person first language is defined as using terms that define the person by their disease.

Safety, Risk, & Protective Capacities

LEARNING OBJECTIVE 4:

Identify safety, risk, and protective

factors for parents with a substance use disorder





Knowledge Check



What child specific factors should be considered when assessing safety threats?

- A. Age of the child
- B. Special Needs
- C. Child Visibility
- D. All of the above

The likelihood that a child will be maltreated in the future is a ______

- A. Risk factor
- B. Safety factor
- C. Protective factor
- D. None of the above



What is a Safety Threat?

- A present or impending danger to a child
- Insufficient caregiver protective capacities to assure a child is protected from danger
- Failure to address the problem may result in a future safety issue



Areas to Consider When Assessing **Safety Threats**

When you are concerned about a parent's substance use and assessing a child's safety, consider the following factors related to the child:

age

of the child

child is visible in the

community

special needs

of the child

parent/child

interaction



What is a Risk Factor?

The likelihood that a child will be maltreated in the future.

Differentiating Between Safety and Risk Factors

Examples of Safety Factors

Drug paraphernalia in reach of small children

Parent driving under the influence

Ingestion of drugs or alcohol by a child

Physical abuse incident while parent is under the influence

Parental overdose with a child in the home

Examples of Risk Factors

Parental drug use

Co-occurring mental health diagnosis

Co-occurring domestic violence

History of substance use

Frequent traffic in and out of the home



Paula is a 23-year-old first time parent with a two-year-old son, Drake. A report was received by child welfare alleging that Drake was found wandering around the neighborhood alone, wearing only a diaper and t-shirt. The police responded and contacted child welfare for assistance. Upon initial contact with the child welfare worker, Paula admitted to drinking alcohol and taking opiate medication earlier that afternoon. She stated that she fell asleep with Drake, but he must have woken up and exited the family home. Paula shared that she was in a car accident as a youth and still suffered from severe back pain. Paula also shared that she experienced post-partum depression after Drake's birth and had a hard time bonding with him after he was born.

CASE SCENARIO-PART 1

- ✓ What is your current assessment of safety threats?
- ✓ What is your current assessment of risk factors?



Drug Testing

Drug Testing...

is just one tool used to guide case planning and permanency decisions with families affected by SUDs



Drug tests alone cannot provide information on the severity of an individual's substance use, progress in recovery, or the effects on parenting capacity



After potential substance misuse is identified, it is key to partner with SUD treatment providers to help engage the parent in an assessment and appropriate services



Child welfare workers must rely on other indicators

Drug testing can provide a chance to discuss a parent's substance use and motivate them to follow their case plans and engage in treatment.

Sharing results provides an opportunity to have a conversation with parents that reduces overall shame and stigma. Consider the following approach:



Discuss the results in a timely manner



Be strengths-based



Identify protective capabilities within the family



Help the parent determine next steps



- Personal and parenting behavioral, cognitive, and emotional characteristics that can specifically and directly be associated with a person being protective of his or her child
- Specific qualities that can be observed, understood, and demonstrated as a part of the way a parent thinks, feels, and acts that makes him/her protective of his or her child

Parental Protective Factors

What are they and how do we build on them?

Six protective factors to strengthen families:



Nurturing and attachment



Knowledge of parenting & child development



Parental resilience



Concrete support for parents



Social connections



Socialemotional competence of children

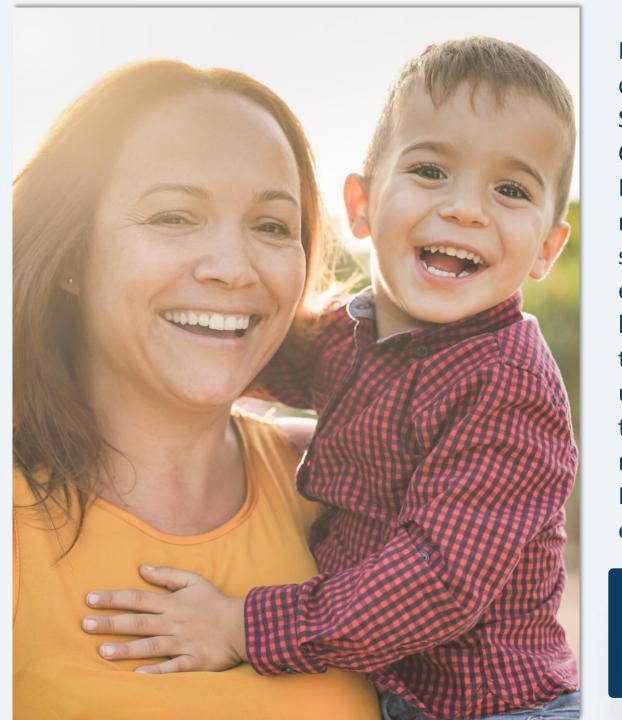
Developing Protective Capacity for Parents with Substance Use Disorders

- Parent has insight into their behaviors and changes that need to be made to provide safety
- Parent understands the effect their substance use has had on their children and family
- Accessible and consistent childcare to support the parent attending treatment
- Consistent attendance at treatment sessions/recovery support meetings
- Family/friends that are willing to do check-ins/monitor child safety daily
- Parent is willing to attend SUD treatment and/or other services
- Active engagement with treatment provider
- Supportive caregiver in the home
- Priority/quick access to treatment





ENGAGEMENT MATTERS!



Paula receives food stamps and social security due to the death of her husband. She also receives Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) for Drake and is on the waitlist for early Head Start. She reported limited supports during her first meeting with child welfare but shared that her sister sometimes babysits Drake so she can look for employment. Paula shared that her sister is a person in long-term recovery, and often encourages her to seek treatment to address her own alcohol and opioid use. Paula shared that she recognizes her need for treatment and may be willing to take the first step towards recovery. She also reported once attending a virtual Narcotics Anonymous (NA) meeting with her sister and enjoying the supportive nature of the group.

CASE SCENARIO-PART 2

✓ What is your current assessment of the family's protective capacities?

If Return to Use

Happens...



Could "lose" the parent at this point

Is medical attention or detox needed?

Is medication-assisted treatment (MAT) part of the treatment plan?

Window of opportunity to re-engage parent in services and recovery

- Child welfare role is critical in locating and re-engaging the parents
- Not a time to be punitive
- Can be a learning experience

ReturntoUse

Visits Matter

- It is the right of the child and family
- Creates a safe place to address feelings
- Facilitates bonding and attachment



- Provides opportunity for parental skill building
- Allows for ongoing assessment of safety, risk, and protective capacities
- Improves family outcomes

Importance of Collaboration

LEARNING OBJECTIVE 5:

Identify the importance of **collaboration**with collateral contacts







Benefits of Collaboration

1. Collaboration contributes to better outcomes and efficiencies in the service delivery systems

2. The investment of time leads to better shared understanding, improved planning efficiency, and more effective monitoring of parental progress

3. Collaboration in case planning and information sharing brings together child welfare workers, substance use treatment providers, mental health treatment providers, court professionals, and other related service professionals to establish joint goals

Community Partner's Role in Mandated Reporting

Report in a timely manner

Report accurate information

Clear observations of what you have seen, heard or witnessed

Attention to culture and implicit bias

Follow up if required or needed

Trust the system to accurately and professionally assess risk and safety threats

Systems-Level

SUD Treatment Providers

Courts

Child Welfare

Health Care Professionals



Case Level

Family Team Meetings

Collateral Contacts

Staffing

A Collaborative Approach Across Systems

Results in improved outcomes for families:

- Increased engagement and retention of parents in substance use treatment
- Fewer children removed from parental custody
- Increased family reunification post-removal
- Fewer children re-entering the child welfare system and foster care



Agreement on common values



Enhanced communication and information sharing



Blended funding and data collection for shared outcomes



Additional Collaborators in Safety The Courts

- Regular communication between the Guardian Ad Litem/Court Appointed Special Advocate and child welfare
- Fact-based examples of safety and risk factors, or how these have been resolved or mitigated
- Focus on parent strengths and improvements that are linked to the reason for child welfare involvement (e.g., parent recently completed an intensive outpatient program, is participating in a recovery group, has started parenting classes, and is moving through the stages of change)

Information Needed From Substance Use Treatment Providers

Whether the parents are participating in a treatment program, including:



Quality of their engagement and progress in treatment



The degree of parental participation



Appointment attendance



Treatment recommendations



If parents relapses or have left treatment



Drug testing results



Discharge plan and aftercare recommendations



Timeframe for anticipated successful completion of treatment measured against Adoption and Safe Families Act (ASFA)

Information Needed From Child Welfare



Reason for referral and current drug and alcohol concerns



Screening and assessment results and case plan



Household composition and any children previously removed



Status of children and visitation plan (including any changes in placement or visitation and permanency goal)



History of child welfare involvement



Family strengths/ protective factors



Confirmation of release of information signed



Drug and alcohol history, if known



Name and contact information of the child welfare worker

Confidentiality

HIPPA

"A major goal of the Privacy Rule is to assure that individuals' health information is properly protected while allowing the flow of health information needed to provide and promote high quality health care, and to protect the public's health and well-being."

(HHS, Health Information Privacy)

42 CFR- PART 2

More stringent than HIPAA, 42 CFR outlines under what limited circumstances where information about the client's treatment may be disclosed with and without the client's consent. Recent changes enacted in July 2020.



Knowledge Check



What child specific factors should be considered when assessing safety threats?

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- D. All of the above

The likelihood that a child will be maltreated in the future is a ______

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- D. None of the above





A program of the Administration on Children and Families,
Children's Bureau, and the Substance Abuse and
Mental Health Services Administration



https://ncsacw.acf.hhs.gov/



ncsacw@cffutures.org

















Contact the NCSACW TTA Program

Connect with programs that are developing tools and implementing practices and protocols to support their collaborative

Training and technical assistance to support collaboration and systems change



National Center on Substance Abuse and Child Welfare



https://ncsacw.acf.hhs.gov/



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Toll-Free @ 1-866-493-2758



NCSACW Child Welfare Practice Tip Series

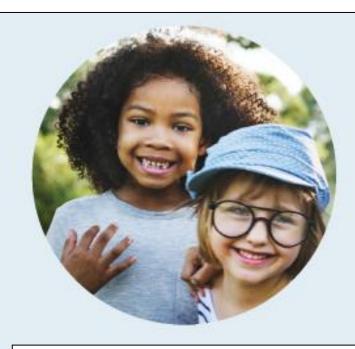


- Understanding Substance Use
 Disorders: What Child Welfare Staff
 Need to Know
- Understanding Engagement of Families Affected by Substance Use Disorders-Child Welfare Practice Tips
- Understanding Screening and Assessment of Substance Use Disorders-Child Welfare Practice Tips
- Identifying Safety and Protective Capacity for Families with Parental Substance Use Disorders and Child Welfare Involvement
- Child Welfare & Planning for Safety: A
 Collaborative Approach for Families
 with Parental Substance Use Disorders
 and Child Welfare Involvement

Free Online Tutorials for Cross-Systems Learning



Understanding Substance Use Disorders and Facilitating Recovery: A Guide for Child Welfare Workers



Understanding Child Welfare and the Dependency Court: A Guide for Substance Use Treatment Professionals



Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Legal Professionals

Disproportionalities and Disparities in Child Welfare

A resource for child welfare workers to help

- Understand the link between disproportionalities, disparities, and the child welfare system
- Recognize disproportionalities and disparities when working with families affected by SUD
- Implement strategies to increase engagement with families and reduce inequities.



NCSACW Training Toolkit



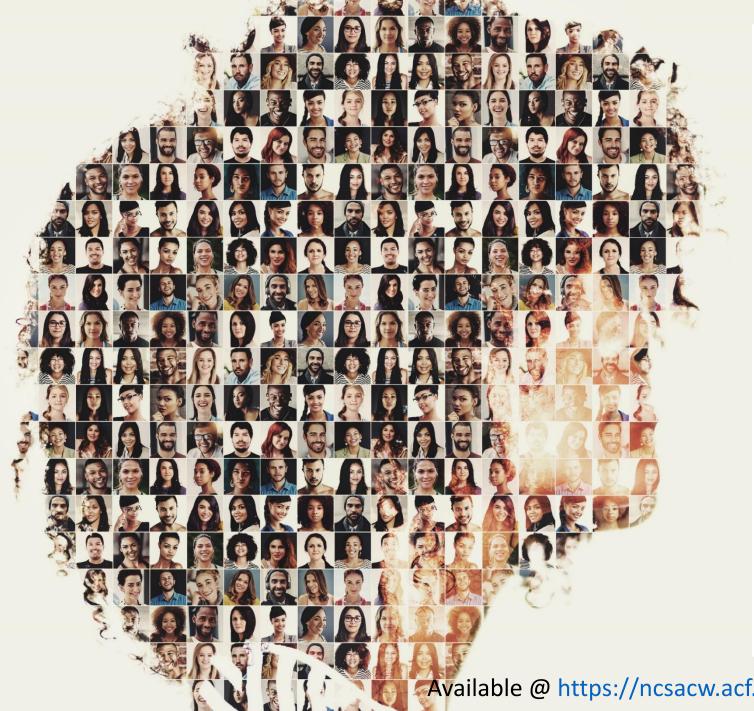


Module 1:

Understanding the Multiple Needs of Families
Involved with the Child Welfare System

The National Center on Substance Abuse and Child Welfare (NCSACW) developed the Child Welfare Training Toolkit to educate child welfare workers about substance use and co-occurring disorders among families involved in the child welfare system. The training is intended to provide foundational knowledge to help child welfare workers:

- Understand substance use and co-occurring disorders
- Identify when substance use is a factor in a child welfare case
- Learn strategies for engaging parents and families in services
- Understand potential effects for the parent, children, and caregivers
- Learn the importance of collaboration within a system of care. Through a deeper understanding of these topics, child welfare workers can apply knowledge gained to their casework and improve their own practice



Disrupting Stigma

How Understanding, Empathy and Connection Can Improve Outcomes for Families Affected by Substance Use and Mental Disorders





Available @ https://ncsacw.acf.hhs.gov/files/disrupting-stigma-brief.pdf

Drug Testing in Child Welfare

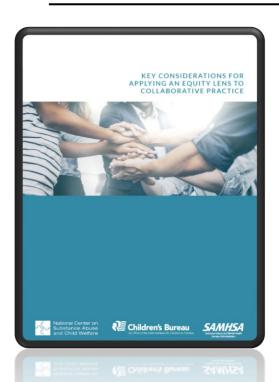
Brief 1: Considerations for Developing a Child Welfare Drug Testing Policy and Protocol

Brief 2: Drug Testing for Parents Involved in Child Welfare: Three Key Practice Points



Available @ https://ncsacw.acf.hhs.gov/topics/drug-testing-child-welfare.aspx

Key Considerations for Applying an Equity Lens to Collaborative Practice



This brief helps collaborative teams formally assess existing policies to determine if and how they *contribute to* disproportionate and disparate outcomes for families being served.

By working through the "Questions to Consider", teams begin applying an equity lens to collaborative policies and practices.





BUILDING COLLABORATIVE CAPACITY SERIES

This seven-part series is organized into two clusters. The first cluster providers a *framework for establishing a collaborative team*. The second cluster highlights strategies to achieve *timely access* to treatment and support services for families.

AVAILABLE @ https://ncsacw.acf.hhs.gov/collaborative/building-capacity.aspx

Exploring Civil Rights Protections for Individuals in Recovery from an Opioid Use Disorder

Five-Part Video and Webinar Series

Civil Rights
Protections for
Individuals with a
Disability: The Basics

Civil Rights Protections for Individuals with an Opioid Use Disorder

Medication-Assisted
Treatment and
Common
Misconceptions

Child Welfare Case Staffing: Social Worker and Supervisor

Child Welfare Case Staffing: Child Welfare Court Case



Available https://ncsacw.acf.hhs.gov/topics/medication-assisted-treatment.aspx

Working with Adolescents: Practice Tips and Resource Guide

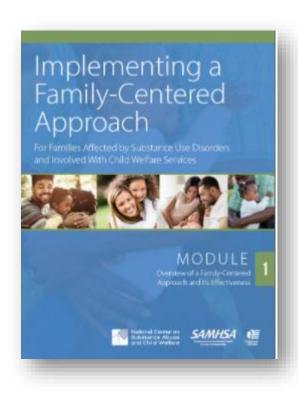


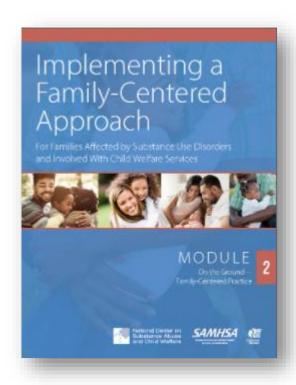
- Technical assistance tool provides information for child welfare, substance use treatment, healthcare, and other community agencies serving adolescents at risk of misusing or abusing substances.
- Highlights adolescence as a unique stage of development – one that requires professionals to take a tailored and collaborative approach.
- Guide includes:
 - Examples of services and interventions
 - **Terminology**
 - Policy considerations
 - Family-centered practice strategies

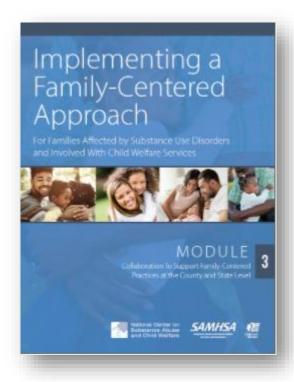




Family Centered Approach Modules











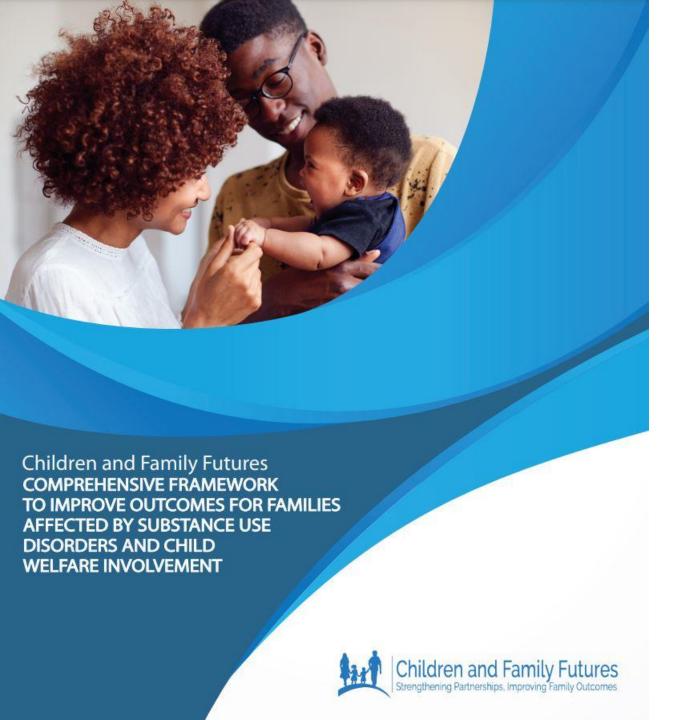
THE USE OF PEERS
AND RECOVERY SPECIALISTS
IN CHILD WELFARE SETTINGS

Purpose: The brief offers implementation considerations that professionals can draw from when implementing peer or recovery specialist models in their communities.

Audience: Administrative and executive-level professionals from:

- Child Welfare
- Substance Use Disorder Treatment
- Courts

Key Informant Interviews: Representatives from four programs–2 peer support programs and 2 recovery specialist programs–that have demonstrated positive child welfare and recovery outcomes for families



COMPREHENSIVE FRAMEWORK TO IMPROVE OUTCOMES FOR FAMILIES AFFECTED BY SUBSTANCE USE DISORDERS AND CHILD WELFARE INVOLVEMENT

- Offers a set of proven strategies for communities to implement to improve outcomes for families affected by SUDs.
- Informed by research and several decades of experience working with hundreds of collaborative partnerships

Available @ https://ncsacw.acf.hhs.gov/collaborative/de
fault.aspx

ENGAGING PARENTS AND YOUTHS WITH LIVED EXPERIENCE





ENGAGING PARENTS AND YOUTHS WITH LIVED EXPERIENCE

Strengthening Collaborative Policy and Practice Initiatives for Families with Mental Health and Substance Use Disorders







- Provides key considerations for collaboratives that are trying to engage parents who have been involved with the child welfare system due to substance use disorder or other mental health challenges.
- Highlights considerations for those collaboratives trying to engage youth who have been in the foster care system.

Available @ https://ncsacw.acf.hhs.gov/files/liveexperience.pdf



Additional Resources on Collaboration

Web-Based Resource Directory

- Includes research, training materials, webinars and videos, site examples and other resources
- Topics include substance use disorders and treatment, medication-assisted treatment, infants with prenatal substance exposure, and supporting families with opioid use disorders

Technical Assistance

- Identifying values and principles of collaborative practice to address differences and develop agency values', missions and mandates
- Examples of effective collaborative practice between substance use providers, child welfare and the courts

Collaborative Practice



The goal of the professionals who work with children and families affected by ubstance use disorders and involved in the child welfare system is to facilitate mes for these families. Ideally, the parent will receive effective parent, while the well-being of the child is fully supported throughout the parent's ecovery process. Achieving this outcome requires intensive collaboration by

multiple agencies working with the family

Collaboration among all three systems presents certain barriers that must be overcome. There is a shifting role for professionals as they develop and implement a new way of communicating with one another on policy issues. Differences in practice among stakeholders, from courtroom to courtroom, from agency to agency, and from provider to provider must be recognized and addressed



Understanding Substance Use Disorders – What Child Welfare Staff Need to Know





and family life, resulting in emotional, psychological, and sometimes physiological dependence. Be aware of common misperceptions and myths. Many people incorrectly believe that a parent with a

Substance use disorders (SUDs) are complex, progressive, and treatable diseases of the brain

that profoundly affect how people act, think, and feel. SUDs affect an individual's social, emotional

SUD can stop using alcohol and/or illicit drugs with willpower alone or that if the parent loved the



children they would be able to just stop using the drug

Relapse rates for SUDs are similar to other chronic medical conditions such as diabetes of hypertension. Because SUDs are a chronic brain disease, a return to use or relapse, especially in early recovery, is possible. Therefore, SUDs should be treated like any other chronic illness. A recurrence or return to use is an opportunity to examine a parent's current treatment and recover support needs, and adjust them as needed.

SUDs can be successfully treated and managed. Like other diseases, SUDs can be effectively treated Successful substance use treatment is individualized and generally includes psychosocial the



to a chaotic and unpredictable home life, inconsistent parenting, and lack of appropriate care for children. Treatment and recovery support must not focus solely on the parent's substance use, but take a more family-centered approach that addresses the needs of each affected family member

their SUD. Substance use might be an individual's way to cope with their trauma experience. An effective the signs and symptoms, and avoids causing further harm and retraumatization



LEARN MORE



Underlying Values and Principles of Collaborative Practice

Underlying values should be addressed in developing collaborations perspectives and assumptions about their agency's or the court's values can be clarified and formalized in Memorandum of Understanding



- ▶ Synthesis of Cross System Values and Principles: A National Perspective (PDF 70 KB Reflects the shared values and principles of the NCSACW Consortium Member Organizations and forms the basis for developing collaborative solutions for identified cross-system issues in order to improve outcomes for children and families.
- Colorado Overarching Statement of Values and Principles about Families and Colleague Statement of Values and Principles (PDF 84 KB)
- ► Massachusetts Statement of Values and Principles (PDF 70 KB)
- Michigan Director's Statement of Support and Interdepartmental Commitment (PDF 32 KB)
- ▶ Minnesota Statement of Shared Values and Guiding Principles (PDF 38 KB)

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