A report is made to Kansas Protection Reporting Center. An intake protection specialist uses Structured Decision Making to assign the report based on significance.

Report is dispatched to DCF Regional Service Center if it meets all criteria of abuse/neglect or family in need of assistance (FINA).

The report is assigned to a Child Protection Specialist (CPS) to visit and assess family.
Intake Reports Jan-June, FY 2019 and FY 2020
Prevention Service Track

What are the options?

CPS and family work together to choose service track to prevent child from entering foster care.

SERVICE TRACK

FAMILY SERVICES
FAMILY FIRST PREVENTION SERVICES
FAMILY PRESERVATION

June 2020
Prevention Service Track

What are the options?

- Non-crisis, can be concrete goods
- Family In Need of Assessment

- Child at risk of removal
- Based on assessment and individual need
- Specified categories of service; mental health, substance use disorder, parent skill building, kinship navigation

- Child at risk of removal
- Based on assessment and individual need
- Tier 1 and Tier 2
Foster Care Removals, Family First Referrals, Family Preservation Referrals Jan 2020-April 2020

- Foster Care Removals
- Family First
- Family Preservation

January: Foster Care Removals 325, Family First 38, Family Preservation 38
February: Foster Care Removals 247, Family First 71, Family Preservation 132
March: Foster Care Removals 267, Family First 95, Family Preservation 95
April: Foster Care Removals 135, Family First 88, Family Preservation 60
Grant awards

• Cornerstones of Care for the Kansas City Region.

• The Shelter, Inc. for the East Region.

• Mental Health Association for the Wichita Region.

• No provider awarded for the West Region.

Family Services

June 2020
Cornerstones of Care uses Solution-Based Casework.

Mental Health Association uses the Family Wellness Program.
DCF Family Preservation

- Cornerstones of Care - East Region.
- DCCCA – Kansas City and Wichita
- TFI Family Services - West Region.
Family Preservation

- Family Preservation is a voluntary service provided to families with a child at risk of entering foster care.
- Family Preservation will provide in-home services, with the goal of keeping the family together.
- Family Preservation may also serve pregnant women using substances, to help the mother find and maintain substance use treatment.
- Services are available in all 105 Kansas counties.
Families and DCF staff will choose a tier of services to best meet the family needs

* **Tier 1** will be intensive in-home services provided by a master’s level practitioner for up to **six weeks**.

* **Tier 2** will be short-term case management services, provided by a case manager and a family support worker, for **three to six months**.
## Evidence-Based Programming

### Family Preservation

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<th>Family Preservation</th>
<th>Evidence-Based Model</th>
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<td>TFI Family Services</td>
<td>Tier 1 – Trauma Focused Cognitive Behavioral Therapy</td>
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<td>TFI Family Services</td>
<td>Tier 2 – Alternatives for Families</td>
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<tr>
<td>Cornerstones of Care</td>
<td>Both tiers – Solutions-Based Casework</td>
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<td>DCCCA</td>
<td>Tier 1 and Tier 2 – Family Centered Treatment</td>
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<tr>
<td>DCCCA</td>
<td>Tier 2 with Substance Use Concerns – Sobriety Treatment and Recovery Teams</td>
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Family First Prevention Services

What does Family First deliver?

Qualifying Prevention Services

- Mental Health Services
- Substance Use Disorder Treatment
- Parent Skill-building
- Kinship Navigator Programs

Trauma-informed, evidence-based, & provided by qualified clinician
Who is eligible for Family First Services

- Children at “imminent risk” of removal *(who can remain safely at home with services)*
- Their parents/ caregivers
- Pregnant and parenting foster youth automatically eligible
- A variety of living situations may qualify
- No income restrictions
Evidence-Based Programs

Evidence-Based Continuum

Promising
- At least 1, independently verified, “well-designed and well executed” study;
- Used some form of control measure outcomes

Supported
- Same as above + used “rigorous random-controlled trial or quasi-experimental research design”
- Carried out in usual care or practice setting
- Showed sustained effect after 6months

Well-Supported
- At least 2, independently verified, “well-designed and well-executed” studies
- used “rigorous random-controlled trial or quasi-experimental research design”
- Carried out in usual care or practice setting
- Showed sustained effect after 12months
Family First: Evidence-Based Programs

Source for Ratings

https://preventionservices.abtsites.com/program
## Prevention Grant Selection Process

### Grant Review Team

<table>
<thead>
<tr>
<th>Grant Reviewers from</th>
<th>With Program Expertise in</th>
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<tr>
<td>• Each DCF region</td>
<td>• Foster Care</td>
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<td>• DCF Administration</td>
<td>• Mental Health</td>
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<td>• Substance Use Services</td>
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<td>• Prevention Services</td>
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June 2020
Mental Health Services
Selected Evidence Based Services

**SUD**
- Adolescent Community Reinforcement Approach (A-CRA)
- Parent Child Assistance Program (PCAP)
- Seeking Safety

**MH**
- Family Centered Treatment *
- Functional Family Therapy *
- Parent Child Interaction Therapy *
- Multisystemic Therapy *

**PSB**
- Attachment and Biobehavioral Catch-Up (ABC)
- Family Mentoring Program
- Fostering Prevention
- Healthy Families America *
- Parents as Teachers *

**KIN**
- Kinship Interdisciplinary Navigation Technologically Advanced Model (KIN-TECH)

* Well-supported services
New Providers, Services, and Evidence-Based Programs

Family First Service Menu

A great resource to learn about specified services available in our Regions.

http://www.dcf.ks.gov/services/PPS/Pages/FFPSA.aspx
University of Kansas (KU)
Evaluation of Services

Process
- Document Implementation Strategies
- Assess success indicators of implementation and service delivery.

Outcomes
- Examine improvements in child/youth well-being, parent functioning and permanency

June 2020
Interagency Advisory Boards

Purpose

1. Oversee Implementation
2. Address Challenges and Barriers
3. Assess and Improve Service Array
Grandmother has reported to KPRC that she is worried about her daughter and her three grandchildren. Mom is a pregnant single mother of 2 children under the age of 3 and is having problems coping with the stress of having young children. Mom does not work and grandma takes children as much as possible to help relieve her daughter’s burden but is afraid her mental health and fears her daughter is smoking marijuana while pregnant. Grandmother buys food and formula for children and has assisted her daughter with WIC and other services but is out of options and looking for other options to help her the young mother.
Scenario 1 - Discussion

What options are available in the Kansas Prevention Service Track to serve this family?

What are community provider resources that could help this family?

• Pregnant mother of 3 children under 3 years, using substances, possible mental health issues

• No job or transportation, receiving WIC, running out of service options
Scenario 2

Teen is placed in PPC due to truancy. DCF visits with mom admits that she has not been able to parent with her work and sleeping schedule. Mom says they are behind on rent and bills and need help with food assistance. She blames dad for spending money on alcohol. Dad says that teen daughter is the problem and is often past curfew (11 pm). He admits he swatted her on the butt when she came home late and smelled like weed on a school night. He also admits that he has been drinking more but says his drinking is not the problem. Mom and dad are open to services, teen is reluctant but willing to try.
What options are available in the Kansas Prevention Service Track to serve this family?

What are community provider resources that could help this family?

- Mom’s schedule is difficult and admits to needing food assistance, blames dad for drinking away money
- Teen is truant and using substances
- Dad admits to swatting daughter, admits to drinking alcohol but says that he is not the problem
Prevention in Kansas
Monthly Newsletter

Follow our journey!

Send request to receive newsletter to: DCF.FamilyFirst@ks.gov

Archive: http://www.dcf.ks.gov/services/PPS/Pages/Newsletters.aspx
Wrapping Up – Session 3 Part 1

DCF Prevention Contacts

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Family First Mental Health: Multisystemic Therapy
Community Solutions, Inc., Panelists

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Serving selected counties in each DCF Region
Family Centered Treatment (FCT) & Sobriety Treatment and Recovery Teams (START)

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Serving Kansas City Region & Wichita Region
Family First Parent Skills: Attachment Biobehavioral Catch Up
Project Eagle & LiveWell Northwest Kansas, Panelists

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Travis Rickford, MPA
Executive Director
LiveWell Northwest Kansas
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Serving selected counties in the Kansas City Region and 18 counties in the Northwest Region.
Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-TECH)

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Serving selected counties in the Western and Wichita Regions